

the wellness spa  
AT SANTAI





**santai:** (*san-tai*)  
to relax

## the wellness spa at santai is a haven of relaxation and rejuvenation.

Our luxurious and holistic spa treatments are thoughtfully designed to rebalance the synergy between mind and body and to promote health, vitality and rejuvenation—inside and out. Your spa journey begins from the moment our highly skilled therapists collect you from our expansive Lanai pavilion and will leave you feeling vibrantly well long after your treatment is over.

All of our treatments can be enjoyed alone or make use of our beautiful couples room and share the experience with a loved one.

We warmly welcome LaGaia as our skincare partner. Based on the philosophy of organic unedited beauty and using only the purest and most precious grades of nature's master healers. Proudly an Australian made and owned product range that is scientifically formulated to deliver potency and results with an element of luxury. LaGaia embodies the wellness spa ethos, which is to provide a luxurious and restorative experience to enhance your health and wellbeing and care for our precious environment.

Let us take you on a journey of pure relaxation.

## ritual

### santai

80 mins - \$210

Foot Treat | Body Scrub | Body and Hair Masque | Mini Facial | Moisturise

This luscious, wholesome ritual combines a soothing foot soak, full body exfoliation, a hydrating body and hair masque, mini facial, and head and neck pressure point massage. Finished off with an aromatic rain water shower and full body moisturisation to leave you feeling completely nurtured and renewed from head to toe.

### tonic

80 mins - \$190

Hydration Body Masque | Hair Masque | Face Masque

The perfect after sun care or deep repair. This treatment will restore your skin and hair to ultimate hydration. LaGaia's divine combination of copper peptides, amethyst, vitamins and minerals will repair, calm and rehydrate your sun kissed skin and hair back to dewy freshness. A cooling jade roller facial massage will reduce tension lines and restore your natural glow.

### luxe

80 mins - \$190

Massage | Facial | Eye Treatment

Indulge in a full body relaxation massage and luxurious LaGaia facial with vitamin and mineral rich ingredients including copper, amethyst and rose quartz allowing for maximum skin benefits and hydration. Complete with a diamond eye brightening treatment to leave you feeling refreshed and reconnected to self.

## body

### buff

50 mins - \$130

Lymphatic Dry Body Brushing | Exfoliation | Moisture

Refresh your skin and lymphatic system with a combination of dry body brushing and a full body exfoliation; choosing between a lavender pumice or a seasonally blended shea butter exfoliant. Follow with an aromatic rain shower to cleanse and purify mind, body and soul and an application of LaGaia's lovely lapis crème to send you out into the world glowing.

### purify

50 mins - \$130

Lymphatic Dry Body Brushing | Detoxifying Body Wrap | Moisture

A drawing and detoxifying body treatment. Stimulating the lymphatic and circulatory systems with dry body brushing, a clay masque is then applied to draw out impurities. Wrapped in a cocoon, a head and neck pressure point massage is performed. A refreshing aromatic shower and moisturisation leaves you cleansed and renewed from the inside out.

## massage

### relaxation

50 mins - \$120 | 80 mins - \$160

Relax and unwind with traditional Swedish techniques to release muscle tension, improve circulation and alleviate stress.

### deep tissue

50 mins - \$130 | 80 mins - \$170

Relieve muscular aches and pains with focused tension relieving techniques. Perfect for those with physically demanding jobs or pursuits.

### hot stone

50 mins - \$140 | 80 mins - \$180

Dissolve stress and fatigue with the weight and warmth of naturally formed stones that work through layers of tension on a physical, mental and emotional level.

### prenatal

50 mins - \$130 | 80 mins - \$170

A nurturing relaxation massage for mums to be. Be pampered during this beautiful transition into motherhood. Suitable from 12 weeks to full term.

### pressure point

50 mins - \$130 | 80 mins - \$170

Pressure point therapy combined with a relaxing massage technique to heal and restore balance to the whole body. Working on pressure points and meridian lines integral to optimal health.

## face

### formulate

50 mins - \$145

Let our professional therapists analyse your skin and tailor make a customised facial addressing your specific concerns. Deliciously quenching and drenching LaGaia precious elemental serums and gels will restore your skin back to its original beauty. A relaxing pressure point and jade roller massage will help unblock and balance energy to relieve tension lines around the eyes and face.

## additional indulgences

### foot treat

20 mins - \$40

The perfect treat for the feet that need a holiday boost as much as you do. Feet and lower legs are cleansed and exfoliated with organic teas and salts, followed by a cuticle treatment, moisturised with essential botanicals and treated to a soothing pressure-point massage. This addition to your spa experience will have you walking on sunshine!

### hand treat

20 mins - \$40

Hydrate and heal those hard working hands. A mini ritual that will relax and pamper your hands and arms by cleansing and exfoliating with organic teas and salts, followed by a cuticle treatment and completed with a luxuriously rich moisturising massage.

### lymphatic drainage

20 mins - \$40

Elevate the healing abilities of your body by stimulating the lymphatic and circulatory systems to remove unwanted toxins from your system. An invigorating dry body brushing and a gentle drainage massage will maximise your wellness journey.

### hair masque

20 mins - \$40

A luxuriously rich LaGaia hair masque will hydrate and restore your locks to their natural lustre, while a neck and scalp massage will melt away any stress. This additional indulgence will make you feel truly nurtured.

### eye masque

20 mins - \$40

This addition will decrease dark circles, puffiness and fine lines while returning a youthful glow. Applying LaGaia's amazing diamogen peptide eye gel containing diamogen peptide complex and peptide 16 to stimulate collagen, elastin and glucosaminoglycans production—key components of youthful, healthy skin.

*Note: Our indulgences are designed to be added onto a ritual, body, massage or face treatment to extend and enhance your spa experience. They cannot be purchased as a stand alone treatment.*

## bath

### bath butler mineral immersion service

\$25

Enjoy an in-room private bath with a selection of body exfoliant, body crème and bath salts. Soften skin and soothe sore muscles while detoxifying the body. Available to order via reception.

## how to spa

**opening hours:** The spa is open from 10am daily. Please reserve treatments in advance by dialling 9 for guest services during reception hours, or phone (02) 6670 5500.

**pre-arrival:** Please arrive to the Lanai pavilion 10 minutes before your treatment is due to start to allow time to fill out your consultation form and commence your relaxation journey. We kindly request guests shower before arriving for spa treatments.

**cancellations:** Please provide 24 hours notice, to avoid being charged in full.

**health and wellbeing:**

Please let us know in advance if you are pregnant or have any health conditions so we can customise your treatments.

**payment:** We accept cash, credit cards, gift vouchers and room charge for guests. Please note, surcharge applies on public holidays.

**gift vouchers:** Share the gift of relaxation with your loved ones. Customised gift vouchers available to purchase online.

**retail therapy:** Continue your spa journey at home with our selection of beautiful bath and body products, natural skincare, herbal teas and gift packs.

**the wellness spa at santai**

**p** (02) 6670 5500 or dial 9 for reception

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